



# IYENGAR YOGA ASSOCIATION OF MINNESOTA

## Yoga Sutras of Patanjali Study Group

*Led by Lee Sverkerson*

### STUDY GROUP DESCRIPTION

As part of our centennial celebrations of our guru, B.K.S. Iyengar, the Iyengar Yoga Association of Minnesota (IYAMN) is sponsoring a study group of the sacred text, The Yoga Sutras of Patanjali.

The study group is meant to be a low key, non-academic study of a serious subject. It is appropriate for Iyengar students of all levels who are interested in learning and studying the work of Patanjali and commentaries.

We are pleased to have Lee lead us in our studies. He has asked that we make it clear that he is not qualified to teach the sutras, but is happy to lead the group as a fellow student.

### WHEN & WHERE

Study group to meet at the B.K.S. Iyengar Yoga Center, 2736 Lyndale Ave. S, Minneapolis, MN 55403

Sundays, 10am - 12pm

- January 21st
- February 18th
- March 25th

*\* Future dates to be announced. We plan to meet monthly throughout 2018.*

### SUGGESTED READING

#### ***Light on the Yoga Sutras of Patanjali***

by B.K.S. Iyengar  
ISBN 9780007381623

These are some commentaries on Patanjali's Yoga Sutra, not an exhaustive list.

\*PATANJALI'S YOGA SUTRAS Vachaspati Misra (8th Century) Translation Rama Prasada

ISBN 81-215-0424-4

<https://www.abebooks.co.uk/Patanjalis-Yoga-Sutras-commentary-Vyasa-gloss/2960254607/bd>



## more...

\**YOGA PHILOSOPHY OF PATANJALI WITH BHASVATI* Swami Hariharananda Aranya (1869-1947)

ISBN 81-875-9400-4

An earlier publication of this author's commentary, published by State Univ. of New York, without the further explanation (Bhasvati) was first published in 1963 and is more widely available in the West.

See <http://www.samkhyayoga-darshana.com> for this author's books.

\**YOGA SUTRA OF PATANJALI* Bangali Baba

ISBN 81-208-0155-5

\**YOGA-SUTRAS OF PATANJALI* with the Exposition of Vyasa

Usharbudh Arya or Swami Veda Bharati (Two names of the same person) Volume I & II \*Sadhana Pada only.

ISBN 08-938-9092-8 & ISBN 81-208-1825-3

\**THE YOGA SUTRAS OF PATANJALI* James Haughton Woods

ISBN 81-208-0577-1

\**SANKARA ON THE YOGA SUTRAS* Trevor Leggett

ISBN 81-208-2989-1

All of these except BKS Iyengar's commentary include the commentary (Bhashya) of Vyasa, the first and great commentator on the text. Vyasa's bhashya is traditionally considered very important, possibly necessary, to the serious study of the Yoga Sutras.