



April 2022
IYAUM Board of Directors' Meeting MINUTES

Date/Time April 24, 2022 // 2:00pm
Place: Zoom

➤ Call to Order/Quorum: The meeting was called to order at 2:00pm. A quorum was established for the meeting. Present: Nancy Marcy, Susan Johnson, Dawn Talbert, Katharine Wood, Shannyn Joy Potter, Nancy Footner, Bethany Valentini, Pat Harty.

➤ President's Remarks: Re-establish Decorum

- Recite Invocation to Patanjali
- Recite Sutra I.33

➤ Review of Agenda: Approved

➤ Consensus Items: March minutes approved. Also, all members agree to voting by consensus in general vs. making formal motions.

➤ Committee Reports

Administration/Finance

- Code of Conduct for Directors of the Board (Nancy M): Please sign and return to Nancy M. We will sign every year we are a board member moving forward and put in Box.com
- Treasurer's Report (Dawn):
 - Sent P&L Summary and Detail for YTD. Nancy F requests first quarter summary (Jan-March).
 - Prairiewoods retreat income is still in PayPal (approximately \$10,400).
 - Dawn and Nancy M opened second checking account for IYAUM since last meeting
 - Dawn will be talking with Julie S re: taxes soon.
 - Dawn has only used Venmo for paying out scholarships thus far.
- Scholarships Update (Nancy Footner, Pat Harty):
 - Bethany is back on committee since Dawn cannot be (as she sees applicant's names).
 - No scholarship applications received for Prairiewoods.
 - Have awarded two scholarships so far this year for teacher training. Have never awarded a community outreach grant.
 - Could make postcards to put out at studios and at events advertising scholarships.
 - Teacher meeting discussion: would like to connect with teachers re: community outreach grants (and more?). Include group practice time, meeting, and social time. Hybrid. Shannyn offers her studio as a venue. Bethany and Susan to explore the idea further.
- Conflict of Interest Policy discussion (Nancy M): As it applies to board members applying for scholarships/grants. Need to make sure we are complying with our bylaws. Should board members be anonymous when applying for a scholarship/grant? Are both scholarships and grants meant to be anonymous? If board members are named in application, could bias committee



decision. Part of disclosure is recipient disclosing where money for a program/outreach event came from and that they are a board member (if applicable). Could have Dawn scrub identifying info, then share after a decision if it is a board member. Will stick with our current anonymity procedures for scholarships for now (test with Nancy M grant proposal). Hiring family members may be a conflict of interest.

IYNAUS Update (Susan, Nancy M, Bethany)

- National update (Susan): Online award ceremony coming up soon as well as trauma-informed teaching series in the fall.
- Regional Support Committee update (Nancy M and Bethany): Three regions attended meeting to discuss regional boundaries. Everyone having difficulty getting volunteers for their boards. IYNAUS doesn't require that majority of board members be CIYTs, but service mark agreement does. Idea floated that regions would be subcommittees of IYNAUS and wouldn't need boards, their own newsletters, etc. Idea to combine regions mentioned. Gretchen will discuss these with IYNAUS board. How could IYNAUS support regional associations better? Let Susan, Nancy or Bethany know if you have ideas about this.

Membership

- We're 5th/12 regions for total number of members.
- Nancy F suggests that IYNAUS should require CIYTs teaching in a region to be a member of the regional association in that region.
- Six new associate members joined IYAUM when registering for Prairiewoods – how do we track who joins us as associate members (people who belong to IYNAUS and another region and buy an associate membership with us for discounts, etc.) and how do we ask them to renew (no record of them through IYNAUS)? Mary Jo used to send emails for membership renewal. Nancy will check with Mary Jo Nissen about her process and letter for reminding members to renew. Shannyn will send Bethany list of new members gained through Prairiewoods registration process.

Media

- Newsletter update (Shannyn): Only sending newsletters to active members now (not everyone who has ever contacted us). Newsletter booked through August. Could share our member profiles with Jenny W to use in Samachar. 69% are opening newsletter.

Education/Events

- Book Club Update (Nancy F): Final meeting next Saturday at 3:30pm.
- Prairiewoods (Nancy F): All lodging is booked, 29 people signed up. Could fit one more commuter participant.
- H.S. Arun (Shannyn): September 16-17 at St. Paul Yoga Center – approved by consensus.
- Summer Yoga Day mid-July: Nancy M is up for being the instructor as it's her turn. Suggest hosting class at Hopkins High School and hosting a potluck at her house across the road after. Nancy F suggests reaching out to Pam re: hosting in Lacrosse at the Yoga Place to get more members from that western Wisconsin area. Nancy M will reach out to Pam to check. If she does not want to host will go with Nancy M's initial idea.
- Nancy M. noted that the Board previously decided to allow any IYAUM CIYT(s) to teach for yoga day, not just Level II and beyond



Next steps:

- DEIJ forum update tabled until next meeting.
- All: Sign and return code of conduct and conflict of interest documents to Nancy M.
- Katharine: Create social media post re: community outreach grants
- Shannyn will send Bethany list of new members from Prairiewoods registration
- Nancy M to follow up with Mary Jo Nissen about member renewal process.
- Nancy M to reach out to Pam re: hosting summer Yoga Day
- Nancy F and Dawn finalizing logistics for Prairiewoods.
- Susan and Bethany will follow up on planning a teacher meeting (and will work with Pat if it makes sense to do a brief presentation about community outreach grants).

Attachments: None

May 7, 2022 Email Discussion re: Summer Yoga Day: Nancy M moves that we accept the offer of The Yoga Place to host Yoga Day July 9th. Nancy F seconds. Katharine, Shannyn, Susan and Bethany vote to approve. Motion passes on 5/7/22.

June 8, 2022 Email Discussion re: Momi Jhung Memorial: Nancy M moves that we do support the memorial service for Momi, at least financially, and with the organization (of her students) if and as necessary. Nancy F seconds. Susan, Katharine, Bethany and Dawn vote to approve. Motion passes on 6/9/22.

June 27, 2022 Email Discussion re: MN Charitable Organization Annual Report: Dawn moves that the MN Charitable Annual Report be approved. Nancy F seconds. Katharine, Bethany and Nancy M vote to approve. Motion passes on 7/8/22.

July 20th, 2022: Email Discussion re: Paying The Yoga Place for hosting Yoga Day: Nancy M moves that we pay The Yoga Place for the use of their space during Summer Yoga Day. Nancy F, Katharine, Shannyn and Dawn approve the motion. Motion passes on 7/20/22.