



**January 2022**  
**IYAUM Board of Directors' Meeting MINUTES**

Date/Time January 15, 2022 // 1:00pm  
Place: Zoom

- Call to Order/Quorum: The meeting was called to order at 1:03pm. A quorum was established for the meeting. Present: Nancy Marcy, Susan Johnson (gives IYNAUS report at beginning and then leaves), Bethany Valentini, Irene Alderson, Pat Harty, Dawn Talbert, Katharine Wood, Shannyn Joy Potter, Nancy Footner.
- Review of Agenda: Approved as is
- Consensus Items: November minutes approved, Katharine will add in email motions to these notes, Welcome Dawn

**IYNAUS report: Susan**

- Teachers need to get their hours in and pay for certification dues by end of Jan.
- Equity symposium on 1/22/22.

**Treasurer's report: Dawn**

- Julie sent a detailed Profit and Loss statement (P&L) for year to date prior to meeting – approved by consensus.
- Current bank balance \$18,452.87
- Dawn and Julie working to transition Julie's responsibilities to Dawn (meet with bank next Wed)
- Julie will take care of 1099s
- We lost around \$900 on Randy's previous workshop
- Dawn will provide detailed as well as summary P&L moving forward

**Officers, committees, and committee chairs for 2022**

- Appoint officers of the board:
  - President: Nancy Marcy (Bethany will shadow Nancy to assume role of President in 2023)
  - Vice President: Nancy Footner
  - Secretary: Katharine Wood
  - Treasurer: Dawn Talbert
  - Susan J will continue as IYNAUS representative.
- Current board members and committee member future plans:
  - Nancy M, Shannyn and Susan's terms will be up at the end of this year, and they don't plan to continue on.
  - Nancy F has one year left in term and not sure if she will continue after.
  - Bethany and Katharine have two years left of their terms and plan to finish their terms.
  - Irene will continue as editor of newsletter this year and probably beyond, does not want to be board member.
  - Pat would consider being a board member and will continue to serve on scholarship committee.
  - Dawn is committed to being treasurer for the three-year term.
- Standing committees moving forward in the bylaws will be as follows:
  - Administration/Finance (should always include President and Treasurer)



- Education/Events
- Media/Communications
- Membership
- Standing committees appointments for 2022 are as follows:
  - Administration/Finance: Nancy M (chair), Dawn, Nancy F
  - Education/Events: Nancy F (chair – will help plan future events), Scholarships is a sub-committee under Education/Events (Pat and Nancy F). Media is deeply entwined with events. Event committees may be ad-hoc for each event.
  - Media/Communications: Shannyn (chair), Irene (newsletter editor), Katharine (social media)
  - Membership: Bethany (chair)

**Goals for 2022:** Follow our IYAUM mission statement: “Our purpose is to promote and disseminate the art, science, and philosophy of yoga according to the teachings of B.K.S. Iyengar. We fulfill this mission in three ways:

- By building an Iyengar community that values maitri and karuna (friendliness and compassion). We are welcoming to students of all abilities, body type, age, race, gender, sexual orientation, and economic status. We are committed to social justice and seek to attain ahimsa (non-violence), both within the individual self and the community we serve.
- By advancing public education in the classical teachings of the science of Yoga based upon the principles of the highest standards of personal conduct and service to others through events, classes, demonstrations, meetings, etc.
- By offering scholarships for association events and other educational opportunities related to the study of Iyengar Yoga.”

### **Committee Reports**

- Administration (Nancy M)— Vote on changes to bylaws/procedures to clarify responsibilities of officers/chairs. All approved, some with slight wording changes (noted below). Nancy M, Nancy F and Irene will meet to edit at a later date.
  - Attachment E, Presidential duties: 9 “Work with the various committees to set the terms...”
  - Attachment E, Treasurer duties: 13 “Pay annual donation to Bellur Trust as agreed upon by the board.”
  - Attachment G: Yoga Days will be held on a Saturday or Sunday to maximize accessibility
  - Attachment G, Recommended Procedures for Yoga Days: We agreed to open up teacher options for events to Level 1 CIYTs in good standing
- Finance: Scholarships (Nancy Footner, Pat Harty) - table until next meeting (Pat and Nancy F to meet and discuss soon)
- Membership:
  - Need to make sure new members’ emails get to Irene and Shannyn to add to mailing list – Bethany will copy both of them on the welcome emails to new members.
- Media/Events
  - Newsletter update (Irene) – looking for more articles from members and CIYTs in other states than MN
  - Randy Just (Shannyn and Nancy M): January 29<sup>th</sup> 2022, 8 people signed up so far. Trying to recoup approximately \$900
  - Prairie Woods (Nancy F): Nancy F will figure out fees and deadlines next
  - Other events (Nancy F, others): Nancy F working on contacting Indian teachers
  - Book Club: Could join existing or start your own group
  - Other outreach events: Table until next meeting



2:35 Meeting Adjourned.

**Next steps:**

- Dawn and Julie will meet to finalize transfer of banking functions
- Pat and Nancy F will meet to discuss scholarships
- Nancy M will make the agreed upon changes to the proposed revisions to bylaws and duties of the directors of the board; Nancy M and Nancy F will meet to finalize language for revised event procedures and send to Irene for editing
- Bethany will draft a letter to members that will include info on Randy Just 1/29 class, member profile contributions to newsletter, book club invitation, and Prairie Woods save the date
- Nancy F will send Shannyn new pictures of Laurie Blakeney
- Irene will send Bethany member profile form for newsletter

**1/3/22 Email Discussion about fee structure for Randy's 1/29 workshop:** Nancy M moves to charge \$20 for members, \$25 for non-members, and offer sliding scale (\$5, \$10, \$15, \$20) for those who need it and/or want to donate additional funds. Nancy F seconds. Voting in favor: Susan, Dawn, Katharine, Shannyn. Motion passes.

**12/7/21 Email discussion about membership:** Nancy M clarifies with IYNAUS that one must first be a national member to be a regional member, but can be a member of an additional region without an additional national membership

**2/22/22 Email discussion about H.S. Arun workshop:** Nancy Marcy moved that we approve this invitation and plan for Arun to teach at a venue somewhere in our region in Fall 2022, hybrid style. Nancy Footner seconded. Approved by Katharine, Dawn, Susan, Shannyn, Bethany. Motion passed.

**2/23/22 Email discussion about Prairiewoods:** Nancy Marcy moved that we approve the plan and budget for the Prairiewoods retreat to take place May 20-21-22, 2022, as set forth within the spreadsheet that was sent to us via email. Dawn Talbert seconded. Voting in favor: Katharine, Susan, Nancy Footner, Shannyn Potter, Bethany Valentini. Motion passed.