



BKS Iyengar Yoga Association of the Upper Midwest

P.O. Box 582381 • Minneapolis, MN 55458-2381

Board of Directors Meeting

November 9, 2019

Location

The meeting was held at Mary Jo Nissen's residence, 222 2nd St. SE, Minneapolis, MN

Preliminary Discussions

Prior to the establishment of a quorum and early in the meeting there were fruitful discussions via Skype with Nancy Footner on the following issues:

1. Increasing support of and outreach to regions outside the Twin Cities
2. Selection of visiting teachers for workshops
3. Scheduling of workshops
4. Scholarship support

Attendance and Determination of a Quorum

Present: Nancy Marcy, Shannyn Potter, Julie Sybrant and Mary Jo Nissen. A quorum was established for the meeting. Nancy Footner joined the meeting by Skype.

Approval of Minutes

Julie moved and Mary Jo seconded that we accept the minutes from 9/14/19.

Approval of Agenda

We agreed by consensus to approve the revised agenda for 11/9/2019.

Treasurer's Report (Julie Sybrant)

- a) We still have two bank accounts (US Bank and Associated Bank), with a combined balance of \$9396.23
- b) Shannyn will change Wix and Square to our US Bank account so that the Associated Bank account can be closed.
- c) Eddy and Mary didn't receive our payment for their workshop; new checks were sent and cashed.

Report on Mary and Eddy's workshop (Nancy Marcy)

- a) We broke even financially.
- b) Discussion of feedback received on the workshop.

Membership (Mary Jo Nissen)

- a) We have 110 members.
- b) Development of a membership survey for IYNAUS is in progress.

Media (Shannyn Potter)

- a) Printed 500 IYAUM membership cards to be mailed out.
- b) Working on cards to send out for the December 15 Yoga Day.
- c) T-shirts will continue to be sold.

Workshops (Nancy Marcy)

Consensus was reached on the following:

- a) We will ask workshop participants to complete evaluations online.
- a) They will be anonymous.
- b) Teachers will know that we will be collecting evaluations of their workshop.
- c) We will be willing to share the evaluations with the teacher.

Board of Directors and Regional Representative selections

[Nancy Footner left the meeting at this point.]

- a) Discussion of composition of Board of Directors
 - i) Possibly increasing the size of the board beyond seven
 - ii) Desire to have directors from outside the Twin Cities area
- b) Decision to ask Susan Johnson to be IYAUM regional representative to IYNAUS
- c) If there is an opening on the IYAUM Board of Directors, it will be offered to Nancy Footner.

Additional Discussion Items

- a) Need to give more attention to beginning students – at Yoga Day and on Board.
- b) Need to attract young people to Iyengar Yoga.
- c) Arun Workshop. No determination yet of location or dates.

Next Meeting

After Yoga Day on December 15, 2019

Adjournment

Nancy moved to adjourn; Mary Jo seconded.

Respectfully submitted,