



**September 2022**  
**IYAUM Board of Directors' Meeting MINUTES**

Date/Time September 10, 2022 // 2:00pm

Place: Zoom and Nancy Marcy's house (10424 Hillside Lane West, Minnetonka)

➤ Call to Order/Quorum: The meeting was called to order at 2:00pm. A quorum was established for the meeting. Present: Nancy Marcy, Dawn Talbert, Katharine Wood, Shannyn Joy Potter, Nancy Footner, Bethany Valentini, Irene Alderson. Absent: Susan Johnson, Pat Harty.

- Recite Invocation to Patanjali

➤ Review of Agenda: Approved

➤ Consensus Items: April minutes approved.

➤ Committee Reports

**IYNAUS Update**

- National Update (Susan): Not present, no update.
- Regional Support Committee Update (Nancy M/Bethany): Next meeting Tuesday 9/13/22. Will discuss membership and difficulty finding board members.
- DEIJ Forum Update (Nancy M/Bethany): Nothing new.

**Administration/Finance**

- Treasurer's Report (Dawn):
  - Sent P&L Summary and Detail for YTD as well as Q1/Q2 P&L Summary and Detail. Reports accepted.
  - No new members gained from Summer Yoga Day that we know of.
- Procedures for Events (Nancy M and Nancy F: Appendix G: Revised Procedures for Events 9.8.022):
  - Nancy M and Nancy F met and updated the event procedures to include info about hybrid events and events on Zoom.
  - Need to add note on Treasurer sending 1099s and W9s.
- Scholarships
  - Dawn moves that we offer scholarships to teachers (who may lose students to the workshop) for the upcoming Arun workshop. Shannyn seconds, motion passes unanimously.
  - Will see how it goes offering teacher scholarships for Arun as a way to encourage CIYTs to send students to our workshops before we decide on if we should do so for future workshops. Yoga Days would not be included.
  - Current scholarships—Nancy Marcy's grants from IYAUM and IYNAUS; see Pat Harty's report (7/25 scholarship committee meeting notes).



- Discussion on if we should keep emergency grants and possibly rename them? Tabled for the Scholarship Committee to decide.
- Dawn proposes we create a budget plan for how much to keep in reserve, how much to set aside for scholarships, etc.

### **Media**

- Newsletter update (Shannyn): Larger percentage of recipients are opening the newsletter (77%) than ever before. Still looking for a teacher to write about an asana and a member to submit their profile for December. Dawn will write intro to the October newsletter. All other newsletter spots are filled for the rest of the year.
- T-shirts: Shannyn designed new IYAUM shirts since we are almost out of the old ones. All black text design selected.

### **Education/Events**

- Summer Yoga Day Report (Nancy M/Dawn): Dawn sent report previously.
- H.S. Arun—October 14-16 at St. Paul Yoga Center (Nancy M/Shannyn): Classes will be 6-8pm Friday, 10-12 and 3-5 on both Saturday and Sunday. Total cost \$175 for members and \$225 for non-members. Discussion on whether to change pricing to make it more of an incentive for non-members to join, board votes to keep pricing as proposed (Nancy F opposed).
- Winter Yoga Day: Decide date, teacher. Nancy Marcy team teaching with another CIYT? Sunday 12/11/22.
- No spring retreat next year since National convention is happening.

### **Board Membership for 2023? Discussion:**

- Nancy M has been emailing CIYTs to find new board members, including Chris Saudek and Pam Starcher.
- Nancy F undecided on if she will remain on the board.
- If we can't find enough teachers we could get other IYAUM members to join or have a smaller board (and be out of compliance).

3:53 Meeting Adjourned.

### **Next steps:**

- Susan and Bethany will follow up on planning a teacher meeting this fall on Zoom.
- Plan for future events in 2023 and 2024 – need to ask senior teachers 1-3 years in advance
- Set budget around scholarships, reserve cash (after teacher meeting).
- Next board meeting 11/12 or 11/19 to discuss 2023 events, board membership, teacher meeting, winter Yoga Day

**Referenced documents:** Appendix G: Revised Procedures for Events 9.8.022 (in box.com under Bylaws and general info folder), 7/25 scholarship committee meeting notes (in box.com under Minutes, 2022 folder), Yoga Day 7.9.22. Final Expenses Report (in box.com under Treasurer, 2022 folder).

IYAUM  
September 2022 BOD Meeting Minutes  
FINAL



**BKS Iyengar Yoga Association  
of the Upper Midwest**  
P.O. Box 582381  
Minneapolis, MN55458-2381

**October 25<sup>th</sup>, 2022 Email Discussion re: what to pay Keisha for botched Arun workshop recordings. \$430**  
decided on.