



IYAUM  
March 2022 BOD Meeting Minutes  
FINAL

**March 2022**  
**IYAUM Board of Directors' Meeting MINUTES**

Date/Time March 13, 2022 // 1:00pm  
Place: Zoom

- Call to Order/Quorum: The meeting was called to order at 1:05pm. A quorum was established for the meeting. Present: Nancy Marcy, Susan Johnson, Dawn Talbert, Katharine Wood, Shannyn Joy Potter, Nancy Footner. Bethany Valentini arrives a few minutes later.
- Review of Agenda: Approved with Dawn's additions: (1) Need formal approval to open an additional checking account to accommodate some limitations we've run into with PayPal. Approval to open the account and authorized signers (full names) must be fully documented. Also, minutes need to have the date IYAUM was established and a line for signature and date. 2) Formal approval in the minutes to allow mail with my name on it to be delivered to the PO Box. 3) Approval for me to reimburse myself for QuickBooks purchase.
- Consensus Items: January minutes approved contingent on additions of email motions since the last meeting.

➤ Committee Reports

Administration/Finance

- Treasurer's Report (Dawn):
  - Sent out recent P&Ls. Two recent expenses of note – liability insurance (428) and annual IYNAUS service mark fee (\$103).
  - Dawn Talbert makes a motion to open a second business/nonprofit checking account with Dawn Talbert (Treasurer) and Nancy Marcy (President) as the signers. Nancy Marcy seconds, all approve, motion passes
  - Note: BKS Iyengar Yoga Association of Minnesota was established March 25, 1988. 7/10/2019 an amendment was made to articles of incorporation changing our name from BKS Iyengar Yoga Association Minnesota Incorporated to BKS Iyengar Yoga Association of the Upper Midwest.
  - Dawn Talbert makes a motion to add her name (Dawn Talbert) to the PO Box 582381 so she can receive mail addressed to her there. Susan Johnson seconds, all approve, motion passes.
  - Dawn will open IYAUM PayPal account with IYAUM scholarship email address so easily transferable in the future.
  - Everyone approves Dawn reimbursing herself for QuickBooks.
- Update on changes to bylaws and procedures (Nancy M) – Nancy M will do with Irene in the next few weeks.
- Nancy M moves to create spreadsheet budget and reports for events (that will be uploaded to Box), Nancy F seconds, everyone approves and motion passes. Dawn volunteers to create event reports with budgets. Katharine gives Dawn access to Box.



- Scholarships Update (Nancy Footner): Pat was going to create a report (Nancy M sent it after the meeting). Bethany stepped off the committee and Dawn is now on the committee. We have given two scholarships recently for teacher training.

### **IYNAUS Update (Susan, Nancy M, Bethany)**

- Regional Support Meeting Summary (Nancy/Bethany/Susan): Nancy M will be on the committee to discuss regional boundaries and make recommendations. IYNAUS cannot require members to join a specific region. Question brought up about why do we still have regions?
- Other (Susan): IYNAUS board hasn't met since our last meeting. IYNAUS forming a committee about working with people in prisons, education around trauma-informed teaching coming later this year.

### **Media/Events**

- Newsletter update (Shannyn): Over 60% of people receiving the newsletter open it. Devices used to view have changed from mobile devices to laptops.
- Randy Just Donation Class Report (Shannyn): 38 attendees, made \$790 (\$110 short of breaking even for previous event).
- H.S. Arun (Shannyn): September 16-17-18 tentative dates. Was originally scheduled to come in 2022 and teach in Decorah. Discussion of where to hold event. Considerations include where we might make the most money (Arun doesn't have a minimum, but takes 70% of what we make), our commitment to mixing up venues between the states in our region, size of venues, expenses of driving and hotels (Nancy M hosts Arun if event is in the Twin Cities). Possible locations: St. Paul Yoga Center, the Yoga Place in Lacrosse, Decorah studio, the Yoga Retreat Center (Twin Cities). Nancy M does not want to work on this event. Nancy F volunteers to reach out to Pam in Lacrosse and Molly in Decorah to see if they would be available to host. Shannyn will reach out to Paul at the St. Paul Yoga Center. Board will vote between the available options.
- Book Club Update (Nancy F): Had the first meeting for The End of Bias with 10 people (4 IYAUM members). People can still join – spread the word. 2<sup>nd</sup> meeting will be on last Saturday of March. Author will join for the third and final meeting.
- Prairiewoods (Nancy F): Official name will be “IYAUM Spring Retreat” with Laurie Blakeney, CIYT at Prairiewoods. Discussion on how to share what to expect with potential attendees: short testimonials or link to video of Laurie teaching, send email to CIYTs to spread the word, Nancy M could host a Q&A session. The online sign-up form will include questions about if you want to share a room with another participant and if you are interested in carpooling. Dawn will contact participants after sign-up about carpooling options. Shannyn making a flyer to advertise. People can register up until 5/16. Minimum 15 people, maximum 36 (need 20 to break even). 20 rooms available (some are doubles, some singles). Nancy F will decide on May 1<sup>st</sup> if it will run based on sign-ups (early bird registration by May 1<sup>st</sup>).

2:12 Meeting Adjourned.

### **Next steps:**

- Nancy M and Dawn to meet in the next week to open the second checking account.
- Nancy M will call Nancy F to discuss her thoughts on the regional membership boundaries.
- Nancy F volunteers to reach out to Pam in Lacrosse and Molly in Decorah to see if they would be available to host the Arun workshop. Shannyn will reach out to Paul at the St. Paul Yoga Center.
- Shannyn creating a flyer for Prairiewoods.
- Nancy F to get info about Prairiewoods rooms and pictures to Shannyn for flyer.



**Attachments:** Prairiewoods Revised Budget 2.19.22, Pat’s scholarship report

**3/14 Community Outreach Grants Email Discussion:** Nancy M motions that we remove the twice-yearly deadlines (October and April) for submitting applications to the Community Outreach Grant. Katharine seconds. Dawn, Shannyn and Bethany approve. Motion passes.

**3/14 Prairiewoods Logistics Email Discussion:** Nancy F makes a motion to drop the early bird discount, go with the fees set in the budget without the early bird discount and set May 5th as the deadline for registration for Prairiewoods. Dawn seconds. Bethany, Susan, Katharine, Shannyn, Nancy M approve. Motion passes.

Minutes are approved.

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Signature

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Date