



BKS Iyengar Yoga Association of Minnesota

P.O. Box 582381 • Minneapolis, MN 55458-2381

Board of Directors Meeting

January 20, 2018

Location

The meeting was held Joy Laine's home in St. Paul, [1696 Princeton Avenue](#).

Call to Order

Meeting called to order at 3:45 pm by President Joy Laine, with a welcome to new board member Sara Cezar.

Attendance; Determination of a Quorum

Present: Sara Cezar, Joy Laine, Luanne Laurents, Nancy Marcy, Mary Jo Nissen

Absent: Mona McNeely, Shannyn Potter

A quorum was established for the meeting.

Approval of Minutes

With a noted correction to the information about election results, Luanne L. moved and Mary Jo N. seconded that we approve the December 2017 minutes. Motion passed.

President's Report (Joy Laine)

1. Revision of the BOD Binder

We removed the old by-laws, including those of the Midwest Association, and inserted the new bylaws. (This document needs to be reprinted due to a formatting error.) We each signed and inserted the revised Code of Conduct for directors of the board, and non-CIYT directors (Luanne, Mary Jo, Sara) signed the Statement of Commitment to Iyengar Yoga as a requirement of our new by-laws. This statement was also put into the binder. We still need to include the appendices and attachments to the bylaws. Joy will create a table of contents for the binder and we will finish organizing it at the next meeting.

2. Review of Treasurer Job Description

Joy provided a document [prepared by Luanne](#)—Proposed Division of Treasurer Duties—that served as a guide for our discussion. The revision came out of an ad-hoc meeting among out-going treasurer Dick Jones, LuAnne Laurents, and Joy Laine. We agreed that the responsibilities of the treasurer could be pared to the ongoing business of the association: reconciling the checking account each month, making deposits, paying bills, and overseeing tax preparation (Dick Jones will take care of the 2017 taxes). Others on the board could assume and/or assist with other financially related duties such as collecting postal mail (Mary Jo),

event planning and execution (chairs of each event), and oversight of PayPal (LuAnne). All board members would assist in mentoring the treasurer as needed.

3. *Election of BOD Officers for 2018 and Determination of Committees*

- a. By unanimous decision of those present, the officers for 2018 will be: Joy Laine, president; Luanne Laurents, vice-president; Nancy Marcy, secretary; and Sara Cezar, treasurer.
- b. The committees for 2018 will remain the same as in 2017. Committees and their members are as follows:
 - i. Administration: Joy Laine and Nancy Marcy
 - ii. Membership: Mary Jo Nissen, Joy Laine
 - iii. Media and Communications: Shannyn Potter and Luanne Laurents
 - iv. Education/Events: Mona McNeely and Sara Cezar will oversee; others will head up the events planned throughout this year:
 - a) Celebratory Dinner in March: Mary Jo, Mona, Luanne, Nancy
 - b) Owerko Workshop in May: Nancy and Mona
 - c) H.S. Arun in June: Shannyn
 - d) Mary and Eddy in October: Joy, Nancy, and Sara
 - e) Yoga Days: TBD
 - f) *Update[1/21/18]: The IYAMN-sponsored, monthly Sutra Study Group led by Lee Sverkeson is being managed by Susan Johnson.*

IYNAUS Information (Luanne Laurents and Joy Laine)

- 1. *Information from Stephen Weiss, IYAMN Representative to IYNAUS:*
 - a. The new IYNAUS website has been activated; it is quite changed.
 - b. Sharon Cowdery, former executive officer, **will be moving on**. The job is posted.
- 2. Joy received a request from IYNAUS that we provide them a summary of what we are doing for the centenary year. IYNAUS President David Carpenter asked Joy to submit a report on same to *Yoga Samachar*. Mary Jo agreed to write the report, and to include a photo of IYAMN members.

Committee Reports

Treasurer's Report (Luanne Laurents and Joy Laine):

- 1. As of 1/10/2018 we have \$6429.86 in the checking account. Noting that we are about \$2000 below last year's balance at this same time, we discussed the need, as a nonprofit corporation, to have less than **\$10K**, on hand. (We believe the exact limit is a percentage of our annual budget but are unsure of the exact numbers. It would behoove us to find out.)
- 2. We received a donation of \$25 from the K Foundation. This was done as part of the Give to the Max annual fundraising effort. The donation is made anonymously and the K Foundation takes care of notification and

documentation requirements. It may be a good idea to promote our organization through this annual event.

3. Luanne will contact our bank to get the signature form that all directors of the board must sign. She and Sara will meet with Dick Jones prior to the next meeting.

Membership (Mary Jo Nissen):

1. Our overall membership is a bit down from this time last year, but we are still awaiting the renewals of certified teachers, due by January 31st. We have gained several new members.
2. Certified Iyengar Yoga Teachers (CIYTs) need to email IYNAUS directly to let them know of students who have joined the association because of the teachers' specific promotional efforts, such as offering free classes to new members.
3. There is a problem with the IYAMN membership link to IYNAUS. Clicking 'Join Now' on the IYAMN page leads to an IYNAUS sign-in window, not an easily completed membership page. Mary Jo will let IYNAUS know of this glitch. *(Update [1/22/18]: IYNAUS knows of this issue and is working to fix it.)*
4. During the recent teacher training workshop in Madison, we learned that there is no online way to join multiple regions, although several Midwest members said they would like to also belong to Minnesota. IYNAUS President David Carpenter, was there and noted the need for change.
5. Celebratory Dinner: Invitations have been sent out via email to members. The RSVP-via-PayPal process is working smoothly. It shows real-time reservations. After February 15th, the dinner will be open to non-members, space willing; another invitation will be sent out to this expanded list. The program is taking shape with two speakers (William P. and Kristin C.), a slide show, a video, and photos to post. *Update [1/22/18]: Mary Jo has contacted Jeanne Barkey and Lee Sverkeson about contributing an anecdote about Guruji to the program, and both are considering this request.*

Administration (Nancy):

Next steps for the Administration Committee will be to:

1. Complete the reorganization of the Board of Directors binder: table of contents, reprinting of bylaws, inclusion of all appendices and attachments
2. Determine whether we can instate a more easily-met voting standard for all issues that require a vote of the membership (for example, requiring a majority vote of all those actually voting, rather than a majority of the total membership, to approve a given proposal)
3. Change the name and address of the registered agent and office
4. Amend the Articles of Incorporation
5. Change the name of the Association to be more inclusive of our region, which includes much more than the state of Minnesota
6. Change the status of the association from private foundation to public charity
7. Initiate a system for granting scholarships

Media/Communications (Luanne):

1. Mona sent a letter of thanks to Jeanne Barkey for teaching the winter yoga day asana class.
2. Our initial PayPal account was hacked so we closed that and created another. It is working fine so far.
3. The centenary invites went out (as mentioned above).
4. We had a request to web-cam the sutra study. Nancy will ask Lee about it. *(Update: Nancy asked Lee on Jan. 21 and he is thinking about it.)*

Education/Events:

- a) *R.S. Arun Workshop (Shannyn):* Someone is creating an LLC for Arun so he will get paid without difficulty.
- b) *Carrie Owerko Workshop (Nancy):* Our estimated budget and income are around \$7000; Nancy shared detailed spreadsheets. We have amended and settled (with Carrie and Paul of SPYC) on workshop times that will hopefully encourage people to attend multiple sessions.
- c) We will not commit to a 2019 workshop with Mary and Eddy until after the October 2018 workshop.
- d) Joy would like to purchase 15 books of the yoga sutras for purposes of study groups.
- e) Possibilities for 2019: Randy Just (after 2019 national conference), Jawahar Bangera, Janet McCleod, Bobby Clenell, Laurie Blakeney. We need to contact people soon in order to be able to book them for 2019.

Next Meeting

The next meeting will take place on 3/24/18; site TBD.

Adjournment

The meeting was adjourned at 5:58 pm.

Respectfully submitted,
Nancy Marcy
IYAMN Secretary