



September 2021
IYAUM Board of Directors' Meeting MINUTES

Date/Time September 26, 2021 // 2:00pm
Place: Zoom

- Call to Order/Quorum: The meeting was called to order at 2:00pm. A quorum was established for the meeting. Present: Nancy Marcy, Nancy Footner, Susan Johnson, Katharine Wood, Bethany Valentini, Irene Alderson. Not Present: Shannyn Joy Potter, Julie Sybrant

- Review of Agenda – addition of Irene to discuss newsletter

- Consensus Items: June minutes approved
 - Newsletter:
 - Irene looking for next few month's introductions from various voices. Bethany will do November, Katharine December, and Nancy F January. Due the 15th of the month previous. Agree it is OK to have non-board members write intros, so let Irene know if we know of anyone.
 - Possibility of adding "life events" section to newsletter to commemorate births, deaths, newly certified teachers, etc. We could put out a call for life events in a newsletter.
 - Nancy M and Nancy F will send Irene contacts for potential articles (for newly zoom certified teachers, person who recently studied in India)
 - Katharine has been helping with IYAUM social media posts.

 - Treasurer's report:
 - Julie sent a detailed Profit and Loss statement for year to date prior to meeting.
 - Nancy M has a few items to reconcile with Julie (total amount for Yoga Day member fees and missing third check to Golden Valley from Yoga Day).
 - We spent more this year on Yoga Day than in the past (about 1k), because we needed a bigger venue for social distancing and to have a zoom option.
 - We are fine sharing this detailed P&L publicly on website as an addendum to the minutes.

 - Membership Report:
 - Currently have 121 members, 32 are CIYTs
 - Membership peak was around 130 (probably during Abhijata workshop where participants needed to be IYNAUS members)

 - IYNAUS Updates:
 - Susan is now the chair of continuing education for IYNAUS
 - We plan to use our one allowed e-blast from IYNAUS for upcoming Randy Just workshop. Susan will fill out the form if Shannyn is too busy (Nancy M checking with Shannyn).
 - Most recent meeting of IYNAUS board was 9/11. Susan is proposing a plan for continuing education for CIYTs that required 25 hours per year (2 of which must be DEIJ focused). Other members wanted to increase it to 30 hours. Susan did research and found that 25 hours is standard. Hours will remain at 25 for 2021 but may increase for 2022 after board votes before the end of this year. Susan wants IYNAUS to focus more on personal practice and study.



- Regional meeting coming up next Tuesday: On the agenda is membership and if members should be required to join their own region again. Also on the agenda is strategic planning. Nancy M will send info to all IYAUM board to share our thoughts about potential goals for strategic planning.
- Abhijata wants the money raised from her recent teaching kids series to go to kids' programs in schools. Problematic here in the US, but could be hooked into outreach programs. Susan suggested we use some of our surplus money for kids outreach programs as well.

• **Education/Events:**

- Randy Just – October 8-10. Only 7 people registered so far (we are hoping for 20-25 in-person). Plan to send IYNAUS e-blast and Shannyn is making flyers to be distributed at the Yoga Center Retreat (YCR). Participants can choose to be on zoom or in-person or a combination of both. YCR requires vaccinations from attendees. If we don't get enough in-person sign-ups we can cancel with YCR up to the day before, but we will make a decision on 10/4. We could still have it on zoom only. Nancy M will let Randy know.
- Possibility of setting up workshop space so there's a section for people who are masked and a section for people who are not (and/or could require participants wear masks when not on their mat).
- Scholarships for non-members: Would we want to offer? Not for Randy, maybe for Winter Yoga Day. Or how about 50% off a workshop (or a free workshop) to new members? Will discuss further at next meeting.
- Winter Yoga Day: Nancy M has talked to Jennie Williford, who is interested in teaching, but not confirmed. If she is not available, we will ask the next person on the list (who is Nancy M!).
- 2022 Prairiewoods Regional Retreat: Signed contract with them for 5/20/22 5pm-5/22/22 1pm. Laurie Blakeney will teach. Nancy F may arrange a van for people coming from the cities (can happen a month or so in advance). This will be IYAUM's spring offering.
- Nancy F will research teachers from India and reach out to one or more to schedule a Fall 2022 Zoom workshop. Mentioned: Devki Desai, Firooza Ali Razvi. Board will have final decision about which teacher is selected.
- We will look for board members with an eye toward diversity (of geography, gender, ethnicity, age) and a possible chairing of a DEIJ committee. If this is the case, we may decide to expand the number of directors on the board, in order to further our goal of diversification.
- Julie's board term will be up at the end of this year. Nancy M will check with Julie S to see if we can pay her for her accounting work, and pick up another board member to function as "treasurer liaison" for the coming year, who perhaps Julie could train in.
- We will start the next DEIJ book club in January of 2022. Meanwhile, be on the lookout for appropriate reading materials. We can purchase books for members as a member benefit.
- Do we want to form a DEIJ subcommittee or continue with individual efforts?
- Put a section about current DEIJ efforts in an upcoming newsletter?

3:35 Meeting Adjourned.

Next steps:

- Next meeting will be mid-November to discuss potential board members.
- Newsletter intros: Bethany will do November, Katharine December, and Nancy F January.
- Nancy M and Nancy F will send Irene contacts for potential newsletter articles.
- Shannyn and/or Susan will put out IYNAUS e-blast for Randy's workshop.



- Send Nancy M your thoughts on strategic planning goals before Tuesday 9/28 if you'd like to.
- Nancy F will research teachers from India and reach out to one or more to schedule a Fall 2022 Zoom workshop.
- We will look for board members with an eye toward diversity.
- Think about books for IYAUM DEIJ book club.