**December 2019 IYAUM Board of Directors’ Meeting**

**Minutes**

Time: 2:30-3:30 p.m. December 15, 2019 Place: B.K.S. Iyengar Yoga Center, Minneapolis

* Call to Order/Quorum: The meeting was called to order at 1:30 pm. Present: Luanne Laurents, Nancy Marcy, Mona McNeely, Mary Jo Nissen, and Shannyn Potter. Absent: Tiffany Bergin, Julie Sybrant. A quorum was established for the meeting.
* Approval of November Minutes: We agreed to look at the minutes online and approve them later. *[Update: the November Minutes were approved on December 17, 2019.]*
* IYNAUS Update (Luanne, reporting for Stephen Weiss): The next IYNAUS meeting is February 21st. Susan will be attending. We think that her travel expenses are covered by IYNAUS. Nancy will make sure that IYNAUS knows of Susan’s appointment, because she has not yet heard from them. *[Update(12/30/19): IYNAUS was notified and they have contacted Susan.]*
* Treasurer’s Report (Nancy, reporting in Julie’s absence): We took in $1088 more than we spent during this fiscal year. Our current bank account balance is $8864. We now have the two-signature checks from US Bank, so we will be closing our account with Associated Bank.
* Membership Report (Mary Jo):
  + We went over the mail that MJ collected from our P.O. box. We received a copy of *Yoga Samachar*, which we put in our library box.
  + We discussed two surveys that she and Paige Noon have been working on:
    - One is to go out soon to region presidents and membership chairs, asking them to prioritize the importance of various ideas for promoting Iyengar Yoga.
    - The other is a general survey of all members, asking what they value regarding services from IYNAUS and their regional associations. We looked at drafts of this survey. The board agreed on the content and format of the IYAUM region’s questions. This survey is slated to go out in January 2020.
* IYAUM Member Comments/suggestions: We noted and discussed the written comments and suggestions that were collected from members at the annual meeting: a) Two requests for an emphasis on mental health in our yoga offerings, b) five requests for philosophy/sutra study led by local senior teachers, c) two comments praising specific teachers, d) a request to bring in a specific senior teacher, e) a request for more resources for iPhone/iPad, and f) a request to consider already-scheduled workshops in our region when selecting dates for IYAUM-sponsored events so that we do not cause undue competition for the same participants.
* Media Report (Shannyn):
  + Our half-page ad for *Yoga* *Samachar* looks good.
  + The online sign-up process for the December yoga day was slick; thanks to Mark Haydn.
* Education and Events:
  + Mary and Eddy (April 24-26, 2020): Nancy and Shannyn will be in charge. We will have it at Shannyn’s new studio at the Northrup King Building.
  + Bobby Clennell (June12-14, 2020): Nancy will contact Paul Busch for Saint Paul Yoga Center as a venue.
  + HS Arun (June 26-28, 2020): The venue is The Yoga Room (Molly Gallagher’s studio) in Decorah Iowa. Nancy will bring him there from Minneapolis.
  + Laurie Blakeney (October 2-4): We will contact B.K.S. Iyengar Center for use as a possible venue. We discussed timing the event in such a way that regular classes would not need to be canceled.
  + Summer Yoga Day (July 11, 2020): Luanne will request B.K.S. Iyengar Center for the venue; if we have it in the afternoon it will not preclude regular morning classes. She will contact Katy Olson to be the instructor. *[Update (12/30/19): Katy has accepted the invitation to teach.]*
* New Business:
  + We discussed the idea of designating a ‘center’ or physical home for IYAUM: where to locate it, what it would be used for, how much it would cost. The idea was tabled.
  + Future workshops (2021 and beyond)
    - Randy Just is a top choice.
    - Laurie Blakeney has been requested by members.
    - We will not host Mary and Eddy in the Twin Cities in 2021, but we are open to sponsoring a workshop with them elsewhere in our region (such as Iowa City).
    - Arun remains an option.
  + Discussion on what ‘sponsoring’ means: IYAUM takes care of advertising, registrations, coverage of airfare; hosting site provides venue and lodging.
  + IYAUM Retreat at Prairiewoods has been suggested by Nancy Footner.
* Next Meeting: Saturday, January 25, from 2:00-4:30 at Shannyn’s new studio. Nancy Footner will join us via Skype. *[Update: The decision was made to relocate the meeting to Mary Jo’s place so that we could have a strong WiFi connection.]*
* Adjournment: Shannyn moved and Mona seconded that we adjourn. Motion passed. The meeting was adjourned at 3:30 pm.

Respectfully submitted,

Nancy Marcy, IYAUM President